



# National Pool Lifeguard Qualification (NPLQ Course)

**Mon 16 to Fri 20 Feb 09.00 -17.30**

**Cost per course: £220.00\***

(Please note that a £75.00 nonrefundable deposit is required at the time of booking)

\*AED - Automated External Defibrillator training  
available at an additional cost of £15.00

***(NB. Candidates will be required to pass an assessment on  
Saturday 21 February at 09.00 - 12.00 to obtain their qualification)***

This qualification is a nationally recognised qualification suitable for pursuing a career in Sport & Leisure. The course prerequisite requires the participant to be able to:

- Swim 50m in less than 1 minute.
- Swim 100m continuously on your front & then 100m on your back.
- Tread water for 30 seconds.
- Surface dive to the deepest part of the pool.
- Climb out of the pool unaided.
- Be at least 16 years of age.

Telephone: 0131 621 8303 or email: [bookings@whec.edin.sch.uk](mailto:bookings@whec.edin.sch.uk)  
Wester Hailes Education Centre, 5 Murrayburn Drive,  
Edinburgh, EH14 2SU