

### Volunteer With Us

If you enjoy meeting new people and you want to help out in your local community, then Oxgangs Neighbourhood Centre have a number of volunteering opportunities for you.

### Volunteer Café Assistant:

We require friendly volunteers who have some experience of cooking to help out in our community café, Various Days, Monday to Friday 9.30am -2pm

### **Volunteer Finance Administrator:**

We require help on a weekly basis with some financial administration, if you have skills with excel please get in touch.

#### Volunteer Children's Workers

At Oxgangs Neighbourhood Centre we run both an After School Club and Baby and Toddler Groups and require volunteers to help at both. (Disclosure required, will be paid for by ONC) The After School Club runs every Friday from 12 noon until 3pm. Toddleriffic runs from 10am until 12noon on Mondays and Brilliant Bairns has two sessions on Tuesdays running from 10am until 12 noon then 12.30 until 2:30.

#### Volunteer Gardeners:

For anyone interested in Gardening, we are looking for volunteers to look after our centre's garden.

Full Training provided

To apply for any of these posts contact us on 0131 466 0678 or e-mail us on

W: oxgangsneighbourhoodcentre.org.uk









charity registered in Scotland: SCO24157



# **Autumn Programme 2016**



# facebook.

# A centre for all

T: 0131 466 0678

A: 71 Firrhill Dr, Edinburgh, EH13 9EU

E: oxgangsneighbourhoodcentre@gmail.com

# <u>Daytime Programme</u>

<u>Monday</u>

Toddleriffic Baby and Toddlers 10am -12pm Antenatal Class 10am -12pm

Best Bib & Tucker 1pm -3pm Carpet bowls 2pm-4pm

<u>Tuesday</u>

Toddleriffic (age 0-3 years) 10am—12noon

Brilliant Bairns (4 years old) 12noon—2pm Yoqa 9am—11am

Gardening Drop in 10am-12pm

Yoga Bellies 1.30—2.30pm

**Wednesday** 

ECAS Art Group 9.30am-3.30pm

Best Bib & Tucker 10am—12Noon

Slimming World 3pm—9.00pm

**Thursday** 

Slimming World 9am—12pm

Best Bib & Tucker 10am-12pm

Baby Ballet 2pm-3pm

Free Computer Class 1.30pm—4.30pm

(PIP, ESA or Job Seeker Claimants only)

**Friday** 

Fit4Life exercise class 9.30-10.30am

Seated Exercises 11am-12pm

Community Soup 11am-1.30pm

( Free bowl of homemade soup)

After School Club 12.30pm-3pm

(referral only)

<u>Saturday</u>

She loves Fit 9.30—10.30am

Mhairi Hogg School of Dance 10am-2.30pm

# **Evening Programme**

<u>Monday</u>

She Loves Fit 6.45—7.45

Mhairi Hogg School of Dance 7.45-8.45

**Tuesday** 

Youth Drop-in 6pm-8pm

<u>Wednesday</u>

Slimming World 3pm—9pm

**Thursday** 

Yogabellies 6.30pm-9.30pm

Tartan Ribbon Camera Club 6.30pm—9pm

**Friday** 

Mhairi Hogg School of Dance 4.30pm-6pm

Beginners Adult Tap class 6.45-7.30 pm

<u>Sunday</u>

Action Group 9.30am-3.30pm

(Every 2nd Sunday)

Messy Church 3.30pm-5.00pm

(Every 2nd Sunday)

Job Club by appointment only Call 0131 201 2456

### **Events**

25th Sept. Indoor Car boot sale—2—4pm

30th Sept. MacMillan Coffee Event 2—4pm

30th Oct. Children's Halloween Party 2—4pm

4th Dec. Christmas Fayre 2—4pm

Group/Organisation room hire also available
Please contact us for more information

T: 0131 466 0678



# **Healthy Cooking Course**



Do you want to learn to cook healthy home made meals?

Our FREE course runs from 1pm-3pm

on 6th,13th,20th and 27th October.

Limited spaces available, to book, call us on 0131 466 0678 or e-mail.

oxgangsneighbourhoodcentre@gamil.com

## **About our Centre**

Founded in 1995, Oxgangs
Neighbourhood Centre aims provide a
safe space where people are welcomed
and where they can feel included and
valued. We seek to provide activities
that respond to social needs creating
opportunity for relationship, friendship
and personal growth.

We are a Centre for everyone in the community, run by the community, for the community, with volunteering at the heart of what we do.

Our Work is supported by





